

A pink heart with a slight shadow, containing the text "JUMPING JACKS" in red.

**JUMPING
JACKS**

A yellow heart with a slight shadow, containing the text "PUSH UPS" in red.

**PUSH
UPS**

A cyan heart with a slight shadow, containing the text "RUN IN PLACE" in red.

**RUN IN
PLACE**

A purple heart with a slight shadow, containing the text "PLANK" in red.


PLANK

A large pink heart with a subtle drop shadow, centered in the top-left quadrant of a 2x2 grid.

**LOVE
LAPS**

A large yellow heart with a subtle drop shadow, centered in the top-right quadrant of a 2x2 grid.

**ARM
CIRCLES**

A large cyan heart with a subtle drop shadow, centered in the bottom-left quadrant of a 2x2 grid.

DANCE!

A large purple heart with a subtle drop shadow, centered in the bottom-right quadrant of a 2x2 grid.

**MOUNTAIN
CLIMBERS**