



KIDS ON THE MOVE



Activity: Protect The Pin

Equipment

- Hoops
- Bowling Pins (or large cones)
- Soft balls

Set Up

- Divide the playing area into 2 halves with a center line of cones
- Choose a number of targets for each team and layout that number of hoops in each teams court
- Put a bowling pin in each hoop
- Place a number of soft balls on the center line

How To Play:

- Divide the group into two teams. Each team must start touching the back line / wall
- On "Go" students run in and collect the balls and can start throwing at the other teams pins
- If a pin is knocked over by a ball or a student, it is out of the game
- Students may protect their teams pins by blocking the balls with any parts of their bodies or catching them
- Students are NOT out if they get hit with the ball
- Penalty time (20-30secs) are awarded if: A player crosses the center line, a player steps into the hoop to protect the pin, or if a player holds more than 1 ball
- The first team to knock all of the other team's pins down wins.