

FALL FIT CLUB ACTIVITY

Nature Scavenger Hunt

Just like campers do, we're heading outdoors! See how many items you can find by exploring the great outdoors! Each time you find an item, pick one of the following animal exercises and do 10 of them:

Bunny Hops, Frog Jumps, Crab Walk, Horse Gallops, Bear Crawl, Inchworm

