

# K!DS ON THE MOVE

## Activity: Cone Flip Relay

Objective: The object of the game is to get all of your team's cones upside down.

Materials Needed: 1 large foam dice per team, 6 soccer cones per team, 1 large cone per team

### Directions:

1. Use the large cones to mark starting line.
2. Place the dice at each starting cone, and line up the six cones in a single file line approximately 2 ft apart.
3. Create teams of 2-4 players, each team at a starting cone.
4. On the start signal, the first person in line rolls the die and then runs down to flip the cone that corresponds to the number rolled.
5. As soon as that player returns to the line, the next player rolls the die and runs down to flip the appropriate cone.
6. Play the game until one team gets all cones upside down, or time runs out.

